

# **4-H Family News**

**Washtenaw County** 

**DECEMBER 2024** 



# Shop and/or Volunteer at the 4-H Holiday Tree Sale

Deck the Halls with Washtenaw County 4-H!

One of the biggest fundraisers for Washtenaw County 4-H is the annual 4-H Holiday Tree Sale! This great event supports Washtenaw County 4-H in many ways and we need volunteers to staff this sale. We still have spots available for December 7<sup>th</sup> and 8<sup>th</sup>.

### Sign Up Here

We also need your help to get the word out and bring in customers to purchase trees and wreaths. Please help us by sharing our FB post!

### Sale Dates & Hours:

• November 30th: 8 AM - 5 PM

December 1st: 10 AM - 5 PM

December 7th: 8 AM - 5 PMDecember 8th: 10 AM - 5 PM



#### **UPCOMING MEETINGS & EVENTS:**

### 4-H Holiday Tree Sale

November 30<sup>th</sup>, December 1st, December 7<sup>th</sup> -8<sup>th</sup> at the Washtenaw Farm Council Grounds in Building G

### **Livestock & Dairy Committee Meeting**

December 12th at 7 pm at the MSU Extension Office

### Washtenaw County MSU Extension Office Closed

December 23<sup>rd</sup>-January 1<sup>st</sup>

### **Small Engine SPIN Club**

Starting January 26th from 1-3 pm at the MSU Extension Office

#### **Horse Association Tack Sale**

Sunday February 23<sup>rd</sup>

### **CONTACT US**

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## Washtenaw County 4-H Discussion Meet Team Competes at Regionals



Three Washtenaw County 4-H'ers, Harper Jane Adkins, Stephen Garcia, and William Rogers all from Saline 4-H Farmers, participated in the Regional Michigan Farm Bureau Discussion Meet on November 7<sup>th</sup> at Milan High School. Mandy Rogers, the 4-H club leader of Saline 4-H Farmers formed a Washtenaw County 4-H Discussion Meet Team this Fall and has been working with these youth and Cora Harsh to prepare for the Regional Meet.

The Discussion Meet is designed to replicate a committee meeting where participants explore an agricultural topic and ways to address it. The event is evaluated on an exchange of ideas and information on a pre-determined topic.

Each regions top three individuals move on to the State preliminary rounds and compete for a spot in the High School Discussion Meet Final Round held during Michigan Farm Bureau's State Annual Meeting in November/December.

Of the three that participated, both Harper Jane and William made it into the final round of the regional meet. William was then chosen as one of the three delegates (and one alternate) who will compete at the state level on December 4<sup>th</sup> in Grand Rapids. Congratulations to them all on their hard work!

## Congratulations to MSU Pre-College Scholarship Winners Grace and Holly!

Six youth who attended 4-H Animal and Veterinary Science Camp this summer have been awarded a \$2,000 Michigan State University Pre-College Scholarship. Two youth from Washtenaw County 4-H, Holly Myers (Left) and Grace Weidmayer (Right), received this scholarship.

MSU pre-college programs are great for helping youth explore possible career interests. They are great fun, very educational, and help connect young people with university faculty and other resources. MSU pre-college programs also help youth envision their future so they can wisely choose their high school classes and prepare for college.



Selection for this scholarship is based on application and student essay. The scholarship is applied toward the student's first year at MSU as a degree-seeking student. Congratulations Grace & Holly!



## Join the Washtenaw County 4-H Dairy Quiz Bowl Team

Do you know a 4-H'er interested in dairy science, dairy production, or veterinary science? Encourage them to join the Dairy Quiz Bowl Team! The group meets the 3rd Monday of each month January through July. They discuss dairy science and dairy production topics. The material is also very relevant to youth interested in vet science. Meetings are at Horning Farms in Manchester and the first meeting is Monday, January 20th.

Interested in participating? Please contact Katelyn Packard at klhorning14@gmail.com.



## S & L Bauernhof 4-H Club Handcrafts Wreaths for the 4-H Holiday Tree Sale



Thank you to S & L Baurenhof 4-H Club for creating handcrafted wreaths for the 4-H Holiday Tree Sale. The club worked together to create these wreaths from various types of conifers to create unique and beautiful wreaths.

These wreaths will be for sale for \$25 at the 4-H Holiday Tree Sale on November 30, December 1, 7, and 8<sup>th</sup> at the Washtenaw Farm Council Grounds in Building G, 5055 Ann Arbor-Saline Rd, Ann Arbor, MI 48103. Cash or check only. We have a limited supply for wreaths so we recommend coming early if you want to get one!

## Sign Up for the Washtenaw County 4-H Small Engine SPIN Club

Calling all young builders, tinkerers, and curious minds (ages 8-19)! Starting January 26th, join us for a 5-week Small Engine Club and get hands-on with the inner workings of small engines!

When: Selected Sundays January-March, 1-3 PM

Where: MSU Extension office 705 N Zeeb rd. Ann Arbor Mi 48103

Learn how engines work, explore their systems and parts, and master routine maintenance and repairs. Whether you're completely new or already love fixing things, this is your chance to roll up your sleeves, get dirty, and have some serious fun!



Spaces are limited, so sign up today! https://msu.co1.gualtrics.com/jfe/form/SV\_3sAai38re59L7g2



## Congratulations to the Washtenaw County 4-H Senior Hippology Team!



Earlier this year, two of the Washtenaw County Senior Hippology teams qualified for Nationals. It was the first time either one of our teams attended the national events. Our third place team opted to attend Quarter Horse Congress's Hippology Event in Columbus, Ohio (see photo below). Alex White, Aamenah Jamil, and Siena Paskvan competed against many teams from around the nation. Even though they didn't place, they learned a lot and had fun!

Our first place team (see photo above) opted to attend Eastern National 4-H Roundup in Louisville, Kentucky. Alison Oakman, Julia Lorch, and Ellie Karczynski represented Michigan in the event against 16 other states. Our very own Julia Lorch ended up taking 4th in the nation in horse judging! A big Congratulations to Julia! We are so proud of her!

Congratulations to all of these Washtenaw County 4-H Youth on their hard work preparing and competing in these national contests!



# Interested in Joining our Washtenaw County 4-H Hippology and/or Horse Judging Teams?

Washtenaw County 4-H is looking for registered 4-H members (ages 5-19) to join our Hippology Team and/or Horse Judging Team! Both events at MSU don't have specific dates yet but Hippology is on Saturday March 15<sup>th</sup> and Horse Judging is on Saturday March 29th. Hippology is the study of all horse-related knowledge, including judging, anatomy, breeds, colors, care, equipment, tack, health and welfare, and riding disciplines. Horse Judging is your opportunity to become the judge and place horses based on conformation (halter) and performance (riding). Both teams compete against other Michigan counties and senior divisions can qualify for the national contest. Cost is roughly \$23 per member, per team. Optional study sessions will start in early February.

If you are interested in participating on both/either teams, please contact Angela Oakman by January 31, 2025 - email: <a href="mailto:angela\_oakman@yahoo.com">angela\_oakman@yahoo.com</a> cell: 734-395-9714 (call or text). The Practice Horse Judging Workshop (event at MSU January 31-Feb 1) is highly recommend for anyone participating on the Horse Judging team.

Check out the MSUE website for more information



# Washtenaw County 4-H'er Shepherd Thompson Attends Global Youth Institute for World Food Prize

Recently, Shepherd Thompson, Dexter resident, was selected to be part of a Michigan statewide youth delegation of 9 high school students to the Global Youth Institute in Iowa as part of the World Food Prize/Borlaug Dialogue conference. The World Food Prize honors the legacy of research scientist Norman Borlaug, former Nobel Peace Prize winner.

The Global Youth Institute is a week-long academic conference that empowers youth to think about creative solutions to some of the world's biggest challenges, in particular, global food security. While there, Shepherd presented his research paper on economic policy and



governance in Argentina to a roundtable discussion group: each discussion group consisted of seven to nine students and was led by three distinguished global leaders in science, industry, and policy.

He also met with global leaders and field experts (including the US Secretary of Agriculture), participated in hands-on workshops, and worked with over 175 youth to pack 20,000 meals for those in need for Rise Against Hunger.

When asked about his experience at the World Food Prize, Shepherd shared that:

"The WFP Global Youth Institute was a life-changing experience. I met new friends who have visions of solving food insecurity, and new adults who have devoted their lives to researching and working in this field. I was able to listen to empowering speakers who have done much to fight the hunger crisis in many areas around the world. I participated in activities like the Rise Against Hunger workshop which put into perspective how much food is needed to feed the whole world. Now that I have attended the Global Youth Institute, I am eligible to apply for a Borlaug - Ruan Internship and a Wallace - Carver Fellowship, both of which are very interesting. I highly encourage anyone who strives to fight hunger to participate in the World Food Prize programs, they have impacted my life greatly."



Shepherd wants to thank the World Food Prize Foundation and MSU-4H for making it possible for him to be part of this incredible youth leadership program. Thank you also to his mom, 4-H Volunteer Natalie Thompson so accompanied him on the trip!

Do you know a youth between the grades of 7<sup>th</sup> and 12<sup>th</sup> grade that would be interested in participating? Registration begins in March and more information will be released in early 2025. You can find out more at https://www.canr.msu.edu/wfpmiyi/



## Register Now for the 4-H Spark and Share Summit: March 8th in Frankenmuth



Reignite your passion for 4-H at the 2025 Spark and Share Summit March 8th at the Bavarian Inn Lodge and Conference Center in Frankenmuth!!

4-H Volunteers and teens (12 years old and older by January 1<sup>st</sup>) can register for this 1-day conference where they can learn new projects and information that they can take back to teach and share in their local 4-H program at:

https://events.anr.msu.edu/SELeaderMeet2025/.

This is a great event to get energized with lots of creative and innovative ideas for working with youth in their county 4-H program, support and encourage launching new projects in your 4-H club, meet and share ideas with 4-H teens and adult volunteers from other counties, and learn hands-on activities that you can reteach with youth in your club.

Registration is \$65 and includes lunch and selection of up to 3 breakout sessions. There is also a room block available at a local hotel if you want to make it a weekend! A link to session descriptions is available through the registration page.

The deadline for registration is February 8th.

Washtenaw County 4-H has funds for scholarships for 4-H events and programs if teens and leaders are interested in attending. Please reach out to Amy Harris, <a href="https://harr1976@msu.edu">harr1976@msu.edu</a> or Jenny, <a href="mspecialgray: specialgray: speci

## Still Project Ideas for 4-H Clubs and 4-H Members

As the weather gets cold, it's a great time for Still Projects! There are lots of great projects that 4-H'ers can work on to grow their creativity and skills.

Are you struggling with ideas for your club? We will be sharing some fun ideas for 4-H curriculums across the country. Two ideas for this month are papercrafts from OSU 4-H and Illinois 4-H.

- Paper Crafting Projects
- Exploring 4-H Visual Arts Clay





## **Washtenaw County 4-H Recognition Program Recap**

Thank you to all of our 4-H families and volunteers who came out to recognize our 4-H members, volunteers, and community supporters on November 10<sup>th</sup>. We had a packed house and appreciate all the folks who came out to celebrate everyone.

We want to thank Junior Livestock and 4-H Advisory Council for helping set up this event and making popcorn. We are also grateful to 4-H Volunteer Cristin Harsh and Saline 4-H Farmers for making an amazing backdrop for photos. Also thank you to Washtenaw County Farm Bureau for loaning us their photo booth and Washtenaw Farm Council for hosting us.

To see the full listing of 4-H'ers, 4-H volunteers, and community members who were recognized, check out the 4-H Recognition Program on <u>our website</u>.

Below are some photos from the event: Upper Left: Friend of 4-H Winners: Bobbie Jo Jaakkola, Dr. Linda Winther (accepted by her grandchildren), and Diuble Equipment (accepted by Ron Diuble), Upper Right: 4-H volunteers recognized for their service years, Lower Left: 4-H'ers receiving County Medals, 4-H'ers receiving the Key Club Award: William Rogers and Lizzie Pantolin.





## Save the Date for Project Galore on Saturday February 8th

Mark your calendars for Project Galore on the afternoon of Saturday February 8<sup>th</sup> at the Washtenaw County MSU Extension Office. This fun project day is a chance for 4-H members from all over the county to learn a new project or skill. Registration along with a list of sessions will be released in January. Many sessions will be Still Projects but we will also have other animal related sessions. We hope to see many of our 4-H'ers there!



# Townline Workers 4-H Club Helps Out at Washtenaw County Farm Bureau's Treat of Ag

Townline Workers 4-H Club did a great job of helping at the annual Washtenaw County Farm Bureau Treat of Agriculture on October 15<sup>th</sup> at the Washtenaw Farm Council Grounds. Townline Workers 4-H Club leaders and members helped staff the commodity tables and ag trivia wheel. We love to see 4-H'ers at this fun event!













# STATEWIDE CALENDAR OF EVENTS

## Shop the Michigan 4-H store this holiday season



Buy your favorite Michigan 4-H apparel, drinkware, and essentials at the SHOP 4-H Online Store!

Offered in collaboration with National 4-H Council through Shop 4-H, the Michigan 4-H store offers Michigan 4-H branded apparel and other gifts. Visit the store online and find the perfect item for your favorite 4-H'er, volunteer, alumni, professional or fan! The shop is open to the public and a percentage of all proceeds will be donated to Michigan 4-H.

To order Michigan 4-H specific items, visit <a href="https://bit.ly/30pdNJw">https://bit.ly/30pdNJw</a>. The store will remain open beyond the holiday season to continue offering Michigan 4-H branded gear to the Michigan 4-H community.

#### November 29 – December 15: Fall TSC Paper Clover Campaign

Local Tractor Supply Co.

Support 4-H by purchasing a \$1 paper clover at your local Tractor Supply Co. (TSC) store! www.canr.msu.edu/events/tractor-supply-co-paper-clover-campaign

#### **December 3: Giving Tuesday**

Online

Join the #GivingTuesday movement — a global day of giving and a chance to celebrate the opportunities that makes 4-H so extraordinary. 4-H'ers are leading the way in a world full of change and together, we can build a generation ready for anything. We have set a goal to raise \$5,000 to grow 4-H county endowments in a 24-hour period.

https://mi4hfdtn.org/giving-tuesday/

### December 10: Wild Spartans - Forestry Fire Crew

Online

Join 4-H staff to spark excitement in the world of wildland fire. Meet Jennifer Hansen and Courtney Kubitskey, who are on the forestry fire crew with the Michigan Department of Natural Resources. Learn about their work, and the education and career path they followed to get there. This free series is open to all youth ages 12-19 years. Pre-registration is required:

www.canr.msu.edu/events/wild-spartans-monthly-wildlife-fisheries-webinar-series-december-2024-25

## December 17: Online Extension Extras - Helping Kids Manage Stress

Children and youth experience stress; parents and caregivers have an opportunity to support them. This workshop will cover common causes, signs and symptoms of stress, as well as discuss strategies for supporting children, youtthand parents experiencing stress.

www.canr.msu.edu/events/online-parenting-helping-kids-manage-stress-12-17-24

www.cam.msu.edu/events/online-parenting-neiping-xids-manage-stress-12-17-2-

### **Kettunen Center Inventory Closeout**

Kettunen Center was the first 4-H volunteer and youth training center in the nation, owned and operated by the Michigan 4-H Foundation from 1961 to 2021. The center's remaining merchandise and furnishings is now available for sale through the MSU Surplus Store! We know the Kettunen Center meant so much to the 4-H community and this is an opportunity to purchase something by which to remember the center. Purchase yours today!







# **STATEWIDE 4-H NEWS**

# Help youth build the Five C's: Competence, confidence, connection, character and compassion

Adapted from an article by Christine Heverly, MSU Extension

Michigan 4-H works to ensure that youth are engaged in a positive youth development program and utilizes the 4-H Thriving Model to help illustrate how it is meeting the needs of youth across Michigan. A key component of the 4-H Thriving Model is that youth form developmental relationships. Young people thrive best when their families, friends, schools, neighbors, businesses and other community members support them in a variety of ways.

Positive relationships with volunteers provide young people with chances to learn life skills such as goal setting, problem-solving and communicating. Volunteers can help young people move through the developmental stages and address difficulties along the way. One important way volunteers can help youth thrive is to help them build their Five C's. According to "Liberty: Thriving and civic engagement among America's youth" by Richard Lerner, the Five C's are competence, confidence, connection, character and compassion.

The Five C's aren't tangible things you can give to young people. They're skills and characteristics young people develop through their experiences and relationships. According to Zarrett and Lerner, young people who are able to display stronger evidence of having the Five C's are considered to be thriving and more likely to be developmentally on target than those who do not. Volunteers have the potential to assist young people in building the Five C's by creating relationships and situations that allow them to thrive.

MSU Extension recommends the following ideas to help Michigan 4-H volunteers working with youth to help build the Five C's.

- · Help youth learn new concepts for the projects or activities they are participating in.
- Know youth names and address them by their preferred names and pronouns.
- Have youth find their spark by trying something new.
- · Help youth navigate obstacles that they encounter.
- Help youth work through the tough side of giving away a project (i.e., selling an animal, giving away a project they worked hard on).
- Help youth record progress, no matter how small; each completed task is a job well done (i.e., maintain a "Done It List").
- Identify values or ethical standards a youth lives by. Do this with them. Write a non-negotiables list showing beliefs the youth will not alter. This helps alleviate peer pressure break downs.
- Define confidence, competence, connection, character and compassion. Use one of these terms to define during a group meeting and discuss ways we show it. Align with the 4-H pledge and have youth brainstorm ways (or goals) to show these traits in the new 4-H year on paper. They can draw or write those ideas.
- Use simple ice breaker activities in pairs or small groups to help young people talk through or work on a common activity or topic.
   Have them share out loud to the larger group their shared connection or how they worked together to achieve a common goal (building competence and confidence, building connections).
- Focus on building relationship with the youth involved by really getting to know them (their hobbies, interests, events in school or family) and inquire about them with a genuine interest.
- Recognize specific positive behaviors or accomplishments in competence, confidence or character of youth in the club/group.
- Be compassionate in one's interactions with youth (and others) and serve as a role model in that behavior.